



OFFICE OF THE CHILDREN'S ADVOCATE

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BE SMART BE SAFE



The Office of The Children's Advocate is committed to its mandate of safeguarding the rights and best interest of all children. We urge children to be alert and be on the lookout for persons who may want to harm them.

Safety is important as we live in a world where there are some persons who prey on children, therefore it is the duty of all of us to protect our children. It is important that we teach our children how to be smart so that they can be safe.

HERE ARE A FEW TIPS:

01 I know my full name, my parent's/guardian's names, and our address and telephone number.

02 I never put my name on my clothes, jewelry, caps or belongings where people can see it.

03 I know never to give my name, address, or telephone number to a person on the internet, or never to meet internet friends in person without my parent's/guardian's supervision and consent.

04 I must be careful of the pictures of myself that I post on the internet and on any of the social websites: Facebook, Twitter, YouTube, Myspace, etc.

05 I tell my parents/guardians about things that happen to me that make me feel scared, uncomfortable or sad. I will do this even if it's a teacher, someone at church, a close family friend, or anyone who causes me to feel this way.

06 I know the difference between a good secret and a bad secret. A good secret is fun to keep, like a surprise party. A bad secret feels bad to keep, and telling my parents /guardians or an adult about it doesn't make me an "informer".

07 I always journey safely home. I never take short cuts home, take taxis or buses that I do not know, or stay on the road and loiter with friends.

08 When I walk down the street, I always face traffic so that I can see if someone stops their car near me.

09 I know that a stranger is anyone I do not know well, and I never take things from them. Even people I recognize like: the postman or ice cream vendor, are strangers and someone can be a stranger even if they look nice or know my name. I never tell strangers my name or where I live.

10 I know how to call the police by dialing 119, or if I am being abused I call 1-888-PROTECT (1-888- 776-8328).

