



The Office of The Children's Advocate presents

HOW TO PREVENT SEXUAL GROOMING: A CHILDREN'S HANDBOOK





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HOW TO PREVENT SEXUAL GROOMING:
A CHILDREN'S HANDBOOK

Hi, my name is
Pinky and I
want to be
your friend...

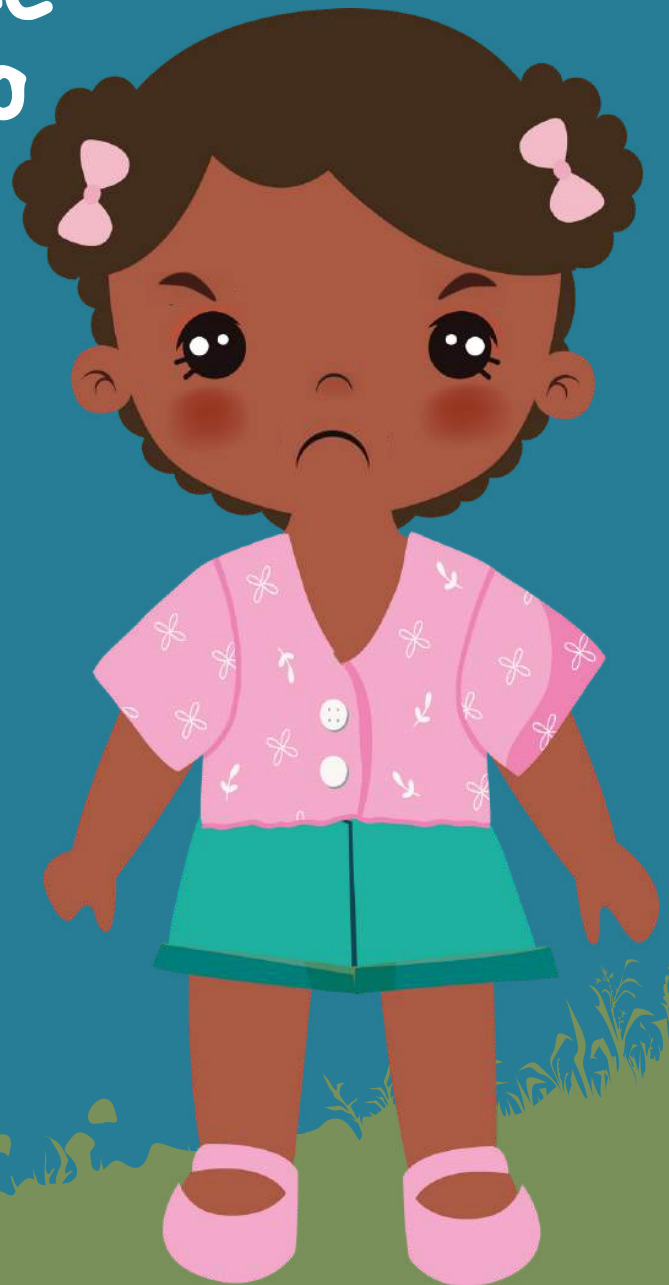
My mom told me
something that I
want you to
know too.



Did you know adults are **NOT** to have sexual relations with children?



Some adults know it is wrong but they try to find ways over time to get us to do sexual things. That is called **GROOMING**.



They may ask you nicely to touch your private parts.

They may also try to:



- ★ Kiss and hug you

- ★ Place you on their legs or lap



- ★ Offer you gifts and tell you not to tell your parents

- ★ Give you a lot of attention



They may also show you
parts of their body and
make you feel ashamed.



Sexual grooming is
when someone
TRICKS YOU TO
'TRUST' THEM
overtime...



...so they can
SEXUALLY
ABUSE YOU.

This person can be any age,
either male or female, and
they can be from any race.



This person could be:

★ A STRANGER ★ A RELATIVE

★ A TEACHER ★ A COACH

★ A FRIEND ★ A PASTOR

★ A PARENT ★ A TAXI
DRIVER

★ A POLITICIAN

★ A NEIGHBOUR

JUST ABOUT ANYONE



They trick
children by
being nice at
first...



...They may act kind, play
with you, give you treats,
and attention...They will
also make you promises.

...But then they may threaten you to get what they want.



**SEXUAL
GROOMERS ARE
BIG MEANIES!**



You also need to know that
some **GROOMERS ARE**
REALLY SNEAKY and may
not threaten you at all!

They may always be
friendly to you...

...and because they are nice
they get you to do things
that are wrong!



SEXUAL GROOMERS
NEVER MEAN YOU ANY
GOOD!



GROSS!



Sexual groomers may give
you hugs that make you
feel **ICKY** and
UNCOMFORTABLE.



They may touch you on
your private parts and tell
you that "it is "OK" because
you guys are "SPECIAL
FRIENDS"

**BUT, IT IS
WRONG!!!**

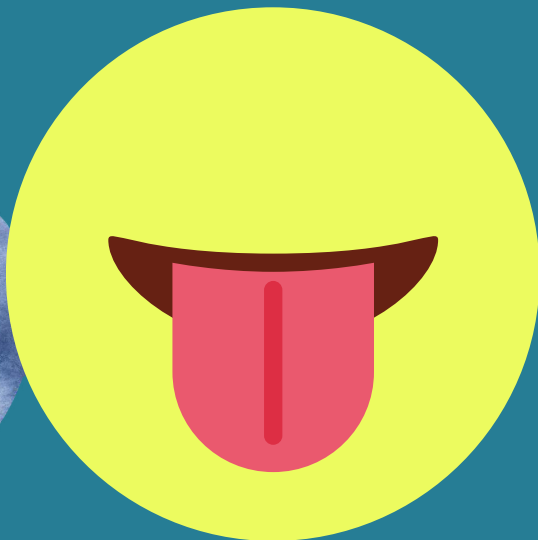


They may give your private parts special names.

These may be pet names that you may or may not know OR your parents may or may not use.



They may send you emojis
like these



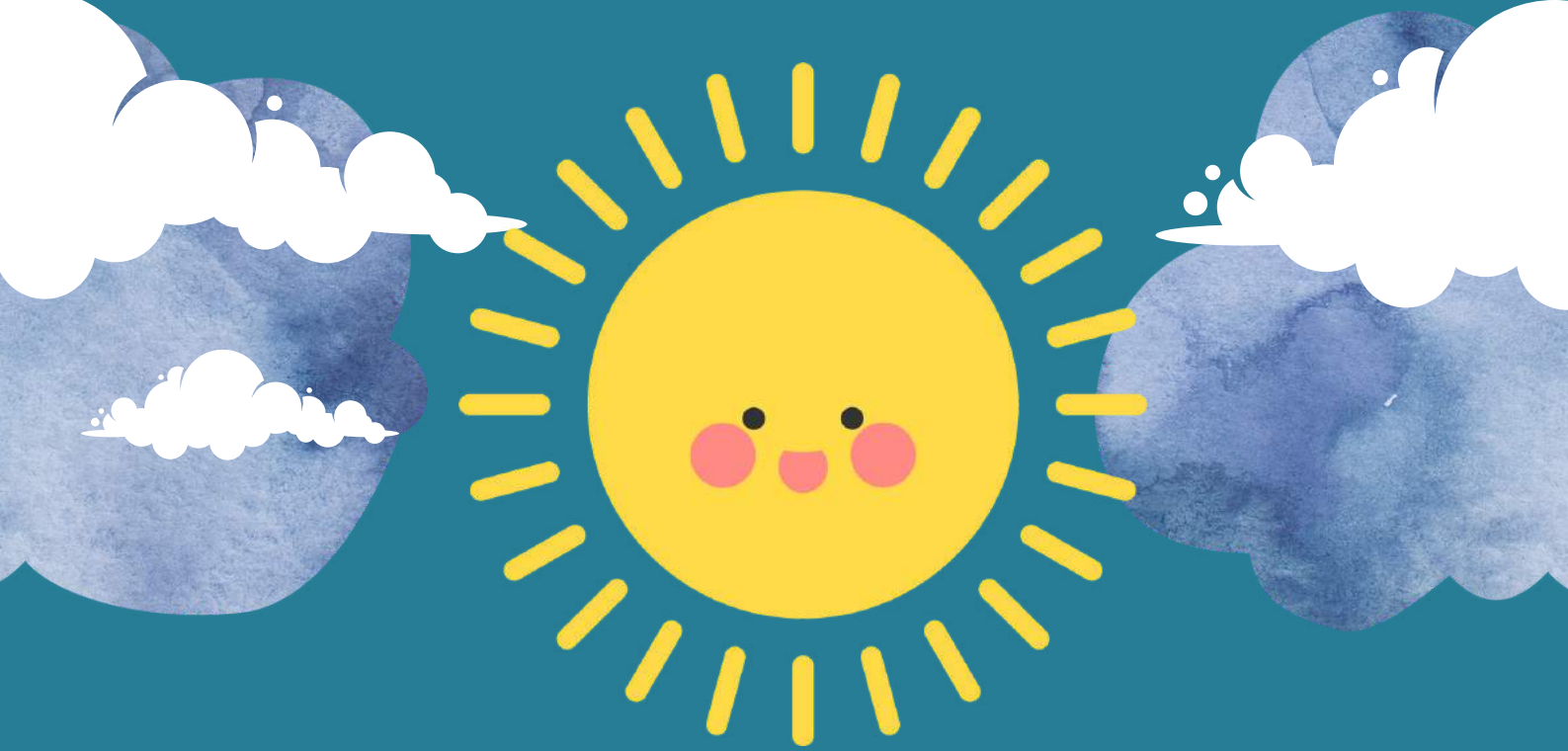
But, those are **NAUGHTY**.

If this happens to you,
**FIND A TRUSTED ADULT
QUICKLY, and TELL THEM
EVERYTHING.**



A trusted adult could be:

- ★ OCA's Safespot staff
- ★ Trusted mom/ dad
- ★ A Guidance counsellor
- ★ A doctor/ nurse
- ★ A kind pastor
- ★ A nice teacher/ principal
- ★ A kind police officer
- ★ A community leader
- ★ Anyone who makes you feel safe



Know that it is **NEVER**
YOUR FAULT and you won't
get into trouble if you
report it. You **WILL NOT BE**
BEATEN or **PUNISHED** even
if you did not say no to
what the person was doing!



Your
parents
will still
love you!!!



You can contact the Office
of The Children's Advocate
at **876-967-3225** or
WhatsApp us at
876-381-1411.



The Child Protection and
Family Services Agency
(CPFSA) at **211**.



And you can also call the Jamaica Constabulary Force (JCF) at **119** or the JCF's Centre for the Investigation of Sexual Offences and Child Abuse (CISOCA) at **876-926-4079**.



Free 24 hour counselling for children and teens



888-SAFE-SPOT



876-439-5199



@safespotja

#JustCallWhatsApporDM



A CHILD & TEEN HELPLINE



An Initiative of



unicef 
for every child

Operated by





I have the right to grow.

I have the right to be protected.



I have the right to survive.

I have the right to be protected from harmful influences and exploitation.

DON'T ABUSE ME!



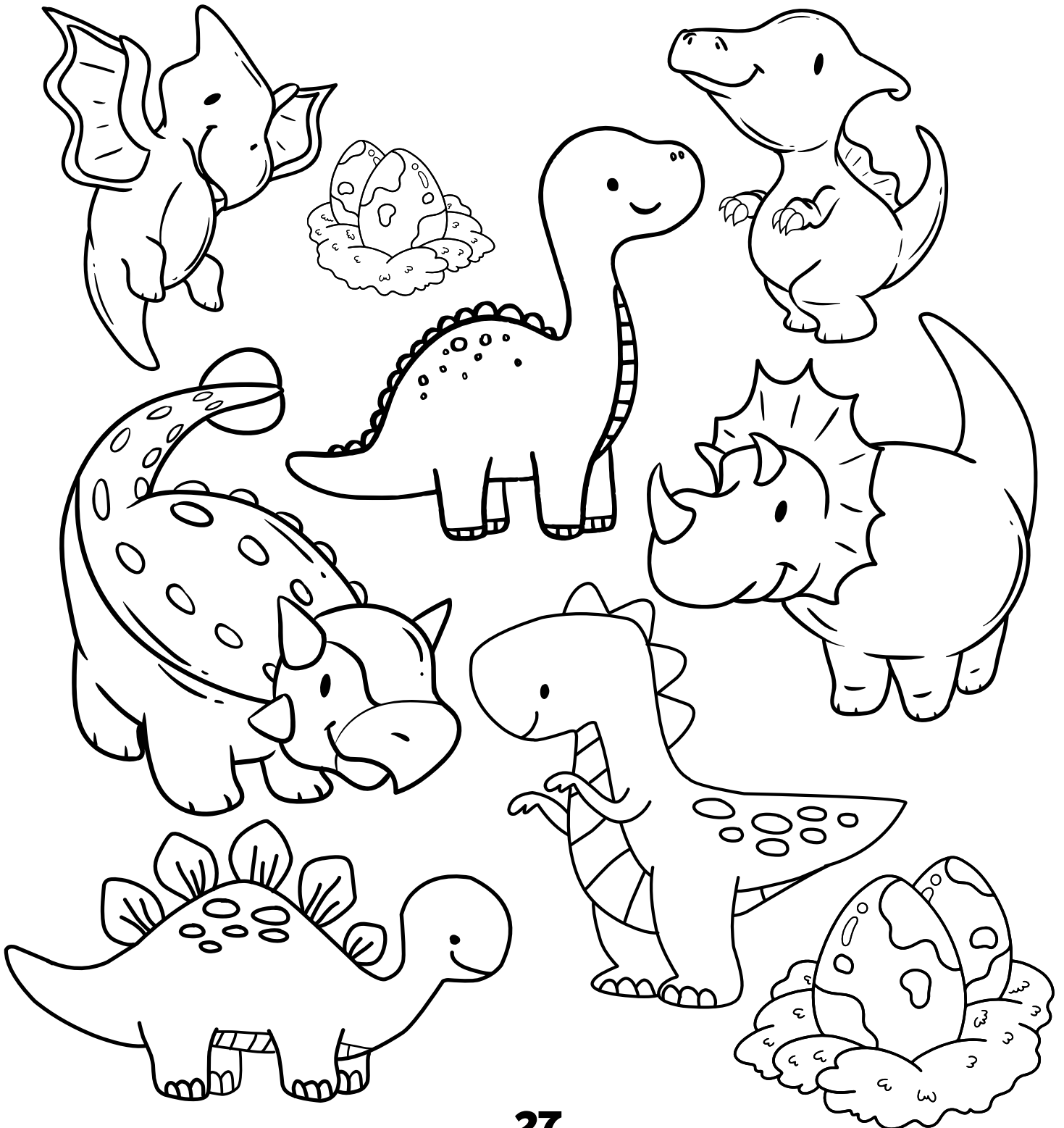
KIDS

FIND AND CIRCLE THE WORDS

A	O	A	A	G	A	O	T	P	L	L	C	E	Y
N	O	O	L	I	V	E	C	L	I	L	O	P	V
E	E	O	P	L	A	G	L	R	P	O	P	E	A
R	H	R	I	L	O	A	I	I	M	A	E	T	B
D	P	A	U	O	Y	V	D	O	H	E	F	R	H
L	G	L	L	V	U	Y	E	S	Y	A	P	Y	E
I	E	G	N	I	M	O	O	R	G	G	G	W	E
H	O	P	P	R	O	T	E	C	T	G	O	R	T
C	G	G	E	F	A	S	P	M	C	R	E	I	A
V	H	Y	I	R	I	G	H	T	G	H	A	N	C
D	P	R	R	R	P	O	L	I	C	E	C	B	O
O	L	P	B	H	L	A	A	A	A	O	O	D	V
O	A	E	O	H	O	H	E	O	E	G	O	I	D
F	Y	R	Y	C	S	T	H	R	I	L	L	L	A

PROTECT
LOVE
GIRL
HAPPY
BOY
ADVOCATE
GROOMING
FOOD
CHILDREN
LIVE
PLAY
TEACHER
POLICE
RIGHT
SAFE
YOU
GROW

COLOUR THE DINOSAURS



COLOUR THE UNICORNS





CERTIFICATE

OF COMPLETION

This certificate of bravery is
presented to

Name

Age

Parish

For completing the course on

How To Prevent Sexual Grooming

The topic was not easy, but you made it!

Diahann Gordon Harrison
Children's Advocate

Send us a copy of the completed
certificate at info@oca.gov.jm or
WhatsApp it to 876-381-1411.



Make a silly face





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